Combination therapy for inhibitor reversal in haemophilia A using monoclonal anti-CD20 and rapamycin

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Summary
Development of antibodies (inhibitors) against coagulation factor VIII (FVIII) is a major complication of intravenous replacement therapy in haemophilia A (HA). Current immune tolerance induction (ITI) regimens are not universally effective. Rituximab, a B cell-depleting antibody against CD20, has shown mixed results for inhibitor reversal in patients. This study aims to develop a combinatorial therapy for inhibitor reversal in HA, using anti-murine CD20 (anti-mCD20) antibody and rapamycin, which targets both B and T cell responses. Additionally, it extensively characterises the role of the IgG backbone in B cell depletion by anti-CD20 antibodies. For this, inhibitors were generated in BALB/c-HA mice by weekly IV injection of FVIII. Subsequently, anti-mCD20 (18B12) with IgG2a or IgG1 backbone was injected IV in two doses three weeks apart and B cell depletion and recovery was characterised. Rapamycin was administered orally 3x/week (for 1 month) while continuing FVIII injections. Altering the IgG backbone of anti-mCD20 from IgG2a to IgG1 reduced overall depletion of B cells (including memory B cells), and marginal zone, B-10, and B-1b cells were specifically unaffected. While neither antibody was effective alone, in combination with rapamycin, anti-mCD20 IgG2a but not IgG1 was able to reverse inhibitors in HA mice. This regimen was particularly effective for starting titres of ~10 BU. Although IgG1 anti-mCD20 spared potentially tolerogenic B cell subsets, IgG2a directed sustained hyporesponsiveness when administered in conjunction with rapamycin. This regimen represents a promising treatment for inhibitor reversal in HA, as both of these compounds have been extensively used in human patients.

Keywords
Anti-mCD20, factor VIII, haemophilia, inhibitor, rapamycin

Introduction
Haemophilia A (HA) is an X-linked monogenic disorder resulting in a deficiency in blood coagulation due to mutations in coagulation factor VIII (FVIII). Current treatment for HA involves the administration of recombinant or plasma-derived FVIII protein, either prophylactically or on-demand following a bleeding event (1, 2). Although this treatment allows for management of coagulation in many patients, the efficacy of protein replacement therapy can be impaired by the development of inhibitors, which are antibodies against FVIII that neutralise coagulation activity. As many as 30% of severe HA patients will develop an inhibitor in response to factor replacement therapy, usually within the first 20 days of treatment exposure. Although a number of important risk factors for inhibitor development have been identified, particularly the underlying mutation and MHC haplotype, it is still unknown exactly which patients will respond adversely to FVIII (3–5).

Current treatment for inhibitor patients is less than ideal. The only approved therapy is termed immune tolerance induction (ITI), which involves frequent administration of high doses of FVIII (6). However, ITI is effective in only about 60–70% of patients (6, 7). For those not responsive to ITI, bypass reagents can be used to manage bleeding, but require careful dosing and monitoring. Thus, there is clearly an unmet need for better protocols for the reversal of inhibitors. One potential alternative strategy is B cell depletion using rituximab, an anti-CD20 antibody approved for use in a variety of B cell malignancies and autoimmune diseases. However, clinical results in haemophilia have been mixed and somewhat difficult to interpret due to small sample sizes (8, 9). A recent phase II study tested rituximab in patients with failed ITI with limited success; investigators concluded that an additional drug would be desirable that could work in conjunction with B cell depletion (10). In this regard, preclinical studies using anti-CD20 in HA mice have shown some success, such as hepatic gene transfer or IL-2 complexes (11, 12). In a murine model of ITI, anti-CD20 showed promise when combined with daily FVIII injections, mimicking ITI (13). Although rituximab, like most therapeutic antibodies, has a human IgG1 backbone, there are three other subclasses of IgG with different structural and functional properties that may alter the effects of the drug (14). Indeed, a...
potentially more tolerogenic effect was described using a murine IgG1 as opposed to IgG2a (the murine equivalent to human IgG1) in haemophilia A mice receiving FVIII daily (13).

Most B cells are of the traditionally known follicular B-2 subset, which arise from the bone marrow, traffic to a lymph node, and upon antigen exposure mature and differentiate via the germinial centre and somatic hypermutation into memory B cells and antibody secreting plasma cells. However, marginal zone B cells, another subset of B-2 cells found in the marginal zones of the spleen, can also arise from the transitional B cells, which exit the bone marrow and finish maturing in the periphery. This population, along with B-1 cells (including B-1a and B-1b populations), is considered more innate-like, expressing a more limited B cell receptor (BCR) repertoire, showing less dependence on T cell help, and producing natural antibodies in the absence of antigenic stimulation (15, 16). Interestingly, marginal zone B cells have been reported to be more resistant to depletion by anti-CD20 with an IgG2a backbone than follicular B cells (17). Additionally, regulatory B cells expressing interleukin (IL)-10 (B-10 cells) have also been reported to have a role in immune tolerance; these cells share a number of markers with marginal zone B cells (18).

As inhibitor formation is T cell-dependent (19, 20), a therapy that would target both B cells and T cells may be superior. Rapamycin is an immunosuppressive drug routinely used in organ transplantation that we have previously used to prevent inhibitor formation in HA mice (21). When administered in conjunction with antigen, this drug induces antigen-specific T effector cell deletion and induction of regulatory T cells (Treg) (22). This effect can be further enhanced by co-administration of IL-10 or Flt3L (23, 24). Here, we define the effect of the IgG backbone on B cell deletion with anti-CD20 and demonstrate that rapamycin enhances reversal of FVIII inhibitors in HA mice when combined with IgG2a anti-CD20 (the murine equivalent of rituximab).

Materials and methods

Mice

All animals used at the onset of the experiments were 8- to 10-week-old male mice of the BALB/c background. BALB/c wt mice were purchased from Jackson Laboratories (Bar Harbor, ME, USA). Haemophilia A mice with a deletion in exon 16 of the F8 gene (BALB/c F8e16–/–) were originally provided by Dr. David Lillicrap (Queens, ON, Canada). Animals were housed under specific pathogen-free conditions at the University of Florida and treated under Institutional Animal Care and Use Committee-approved protocols.

Reagents

Purified CD16/32 (Fc Block), CD3 (PerCP-Cy5.5), CD21 (BV605), CD44 (V500), CD138 (PE), IgM (V450), IgD (BV605) antibodies were from BD Biosciences (San Jose, CA, USA); CD1d (APC), CD23 (PE Cy7), CD43 (FITC) antibodies were purchased from eBioscience (San Diego, CA, USA); CD5 (BV421), CD19 (APC-Cy7), IgG (APC-Cy7), CD38 (A488) antibodies were from Biolegend (San Diego, CA, USA). Samples were acquired on the LSR II flow cytometer (BD Biosciences) and analysed using FCS Express 4 (DeNovo Software, Los Angeles, CA, USA). Murine CD20 antibodies of the IgG1 and IgG2a backbone (clone 18B12) and the IgG2a isotype control (2B8) were a kind gift from Biogen (Cambridge, MA, USA). Mouse IgG1 κ isotype control antibody (Clone: P3.6.2.8.1) was from eBioscience. Rapamycin was from LC laboratories (Woburn, MA, USA). Keyhole limpet hemocyanin (KLH) was from Sigma-Aldrich (St.Louis, MO, USA). Recombinant human BDD-FVIII (Xyntha) was from Pfizer (New York, NY, USA). FVIII-deficient plasma and FIX-deficient plasma were from Haematologic Technologies (Essex Junction, VT, USA).

Analysis of plasma samples

Plasma samples were collected by tail bleed and analysed using a modified activated partial thromboplastin time assay (aPTT). Inhibitory antibodies to FVIII were measured by Bethesda assay as described (25). Measurements were carried out in a Diagnostica Stago Start Hemostasis Analyser (Parsippany, NJ, USA). Enzyme-linked immunosorbent assay (ELISA)-based measurements of antibodies to FVIII were carried out as described (25).

Inhibitor establishment and reversal

BALB/c F8e16–/– mice received 1IU of BDD-FVIII by weekly tail-vein injections for one month. Inhibitors thus established were di-vided into high-titre (50–200 BU/ml) and moderate-titre (5–15 BU/ml) groups. Autologous polyclonal murine Treg were isolated and expanded ex vivo as described (26). mCD20 antibody (250 µg) of the IgG1 or IgG2a subtype was injected IV, one and three weeks after the establishment of inhibitors. Rapamycin was administered 3x/week (for 1 month) by oral gavage in 100 µl of sterile phosphate-buffered saline (PBS) at a dose of 4 mg/kg, while continuing BDD-FVIII injections. Mice with moderate titre inhibitors were re-challenged with BDD-FVIII injections 1x/week at 1 IU for an additional month.

Statistical analysis

Statistical significance was determined using two-way ANOVA or Student’s t-test with GraphPad Prism 5 software (La Jolla, CA, USA). Values at p < 0.05 were deemed significant and indicated as follows: *p < 0.05, **p < 0.01, ***p < 0.001.

Results

Treatment of inhibitors with rapamycin and Treg

In our prior studies, preventive co-administration of FVIII with rapamycin or with Treg suppressed inhibitor formation to FVIII replacement therapy (21, 26). In order to test for reversal, BALB/c F8e16–/– mice with moderate-titre inhibitors (~10 BU) were
generated via IV injection of FVIII. Subsequently, mice received rapamycin 3x/week (for 1 month) by oral gavage in conjunction with continued weekly FVIII injections (1 IU) (Figure 1 A).

While titres continued to substantially rise in control mice that received FVIII alone, rapamycin and Treg suppressed a further increase of inhibitor formation, with rapamycin being somewhat more effective (Figure 1 B). Since expansion of Treg is favoured over T effector cells in the presence of rapamycin (22), we hypothesised that a combination of rapamycin and Treg would be synergistic. Disappointingly, the outcome was not improved over rapamycin alone (Figure 1B). Neither protocol reversed inhibitor formation. Therefore, we decided to test B cell depletion with anti-CD20 as an alternative.

**Role of the IgG backbone in anti-CD20-mediated B cell depletion**

Given a prior report that the Fc region of an anti-CD20 antibody can alter its depletion profile and tolerogenicity in the context of inhibitor reversal in HA, we sought to characterise the depletion and repopulation of B cell subsets in different immune compartments (13). Naïve BALB/c mice were injected IV with two doses of 250 μg anti-CD20 IgG2a or IgG1 three weeks apart. One day or two months after the second dose, B cells should be depleted or repopulated, respectively (Table 1, Suppl. Table 1 and Suppl. Figure 1, available online at www.thrombosis-online.com). Isotype controls to anti-mCD20 IgG1 and IgG2a were used to exclude non-specific depletion (Suppl. Figure 2 A, B, available online at www.thrombosis-online.com).

Total B cells were depleted by either anti-CD20 backbone in spleen, LN, and PB at month 0, and largely recovered by month 2, albeit slightly delayed in LN (Figure 2 C). Interestingly, while the frequency of total B cells was reduced by about 98% in the spleen by the IgG2a antibody, only about 76% depletion was observed with the IgG1 anti-CD20 (Table 1, Figure 2 C). Little if any reduction was observed in the BM, likely due to the continual production and repopulation of B cells within this tissue (Suppl. Table 1, available online at www.thrombosis-online.com). Due to the reduction in B cell numbers, an increase in the frequency of T cells was observed (Suppl. Figure 1 A, available online at www.thrombosis-online.com). In contrast to the frequencies, absolute numbers of T cells were reduced in the spleen with IgG2a, perhaps due to homeostatic interactions between B and T cells (27). Follicular B cells, which make up the majority of the B cell compartment, showed a similar pattern of depletion to the total B cell population: a reduction with both antibodies, and more complete depletion with the IgG2a backbone (Suppl. Figure 1 B, available online at www.thrombosis-online.com). This effect was similarly observed for the transitional B cell and B-1a cell compartments (Suppl. Figure 1 C, available online at www.thrombosis-online.com).

Marginal zone B cells, on the other hand, displayed an alteration of time. Data are average ± SD. Statistically significant differences are indicated for each time point.

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**Figure 1: Rapamycin and Treg prevent escalation of but fail to reverse inhibitor formation against FVIII in haemophilia A mice with pre-existing response.** A) Experimental timeline. Haemophilia A mice (BALB/c F8e16/–) received four weekly IV injections of BDD-FVIII (1 IU/mouse), resulting in inhibitor formation. Mice were divided into four experimental groups (n=6–9/group). “Treg treated” group received IV injection of 1 × 10⁶ expanded Treg. “Control” group received nothing. “Rapamycin” group received oral gavage of rapamycin (4 mg/kg, 3X/week). “Treg + rapamycin” group received 1 × 10⁶ expanded Treg followed by rapamycin oral gavage. Weekly BDD-FVIII injections were continued in all animals for eight more weeks. B) Inhibitor titres (BU/ml) as a function of time. Data are average ± SD. Statistically significant differences are indicated for each time point.

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were only mildly affected (Figure 2E, Table 1). It is probable that any reduction observed was due to disruption of homeostasis by the killing of plasmablast precursors, which were more reliably affected by anti-CD20 IgG2a (Figure 2F, Table 1). We also investigated the effects of these antibodies on memory B cells (Figure 3A). Following anti-CD20 injections, IgD-IgG+ cell frequencies in PB (Figure 3B) or IgD-IgM+ and IgD-IgG+ cell frequencies in spleen (Figure 3C, D) were measured. In both tissues, memory B cells were depleted by either antibody, albeit more effectively by anti-CD20 IgG2a; levels were undetectable in PB and significantly reduced but still measurable in spleen with this antibody.

Figure 2: Depletion efficacy of B cell populations by mCD20 antibody depends on IgG backbone. A) Representative density plots indicating gating scheme for enumeration of B cell subsets from spleen, lymph nodes, bone marrow and peripheral blood of mice receiving mCD20 antibody and controls. Populations of total T cells, total B cells, marginal zone B cells, plasma cells, plasmablasts, follicular B cells, B-1 cells, B-1a cells, and B-10 cells are shown. B) Experimental timeline. Naïve wild-type BALB/c mice (n=5/group) received two IV injections of 250 µg mCD20 antibody (IgG1 or IgG2a backbone), or PBS on weeks 0 and 3. Blood was collected immediately after (0 month) and two months (2 months) following the last mCD20 antibody injection. C-F) Frequencies of C) Total B cells, D) Marginal zone B cells, E) Plasma cells, and F) Plasmablasts in spleen (Sp), lymph nodes (LN), bone marrow (BM), and peripheral blood (PB) at 0 month and 2 month time points. Data are presented as either % of lymphocytes or total cell numbers. Data are average ± SEM.

Table 1: Percent depletion of B cell frequencies in spleen by anti-CD20 IgG2a and IgG1. Results show mean percent reduction ± SD of antibody-injected compared to PBS-injected control mice. – : no depletion observed **P < 0.01, ***P < 0.001. Depletion of B cell subpopulations by anti-CD20 IgG2a or IgG1 were calculated as follows:

\[
\text{Percent depletion} (z) = \left(1 - \frac{x_{Ab}}{x_{PBS}}\right) \times 100
\]

\[
\text{Standard deviation} = \left(\frac{\sigma_{Ab}^2 + \sigma_{PBS}^2}{x_{Ab}}\right)^{\frac{1}{2}}
\]

Where \(x\) is the mean frequency of the B cell subpopulation among total lymphocytes, \(\sigma\) is the standard deviation, Ab is the appropriate antibody-treated mice and PBS is control mice.

### Inhibitor reversal with anti-CD20 antibodies

In an initial experiment on attempting to reverse inhibitors with anti-CD20, BALB/c F8e16−/− mice with high-titre inhibitors (BU > 50) were generated by repeated IV FVIII injection. These mice then received two injections of anti-CD20 IgG2a or IgG1 (spread 3 weeks apart), and inhibitor titres were followed for two months after the second anti-CD20 dose (Figure 4A). Although Bethesda titres dropped by about half by week 3, when B cells should have been most depleted, they still remained around 33 BU at this time point (Figure 4B). As B cells recovered, inhibitor titres recovered completely by week 11. Interestingly, average inhibitors recovered more quickly in mice injected with anti-CD20 IgG1 compared to the IgG2a backbone, possibly due to the less complete B cell depletion observed with this treatment. None of these transient changes in the average inhibitor titres reached statistical significance, and it was clear that neither anti-CD20 antibody was effectively able to reverse inhibitors on its own.

### Combination treatment using anti-CD20 and rapamycin

Having demonstrated that neither rapamycin nor anti-CD20 was effectively able to reverse inhibitors in HA mice, we next set out to develop a combinatorial regimen. Following high-titre inhibitor induction (55–220 BU), HA mice received two doses of
Figure 3: Depletion efficacy of memory B cells by mCD20 antibody depends on IgG backbone. A) Representative density plots indicating gating scheme for enumeration of memory B cell subsets from peripheral blood and spleen of mice receiving mCD20 antibody and controls. Naïve BALB/c F8ε16° mice (n=3–5/group) received two IV injections of 250 µg mCD20 antibody (IgG1 or IgG2a backbone), or PBS on weeks 0 and 3. One day later, frequencies of CD19+CD38IgD-IgG+ memory cells in peripheral blood or IgD-IgM+ and IgD-IgG+ memory cells in spleen were quantified. B-D) Relative percentages of memory B cells in B) peripheral blood, and C, D) spleen are shown. Data are presented as % of lymphocytes. Data are average ± SD.

Figure 4: Ineffective reversal of FVIII inhibitors with mCD20 antibody alone. A) Experimental outline. Inhibitors (60–120 BU/ml) were established in haemophilia A mice (BALB/c F8ε16°) by four weekly IV injections of BDD-FVIII (week 0). Mice with similar inhibitor titres were divided into three experimental groups (n=5–7/group). Each group received two IV injections of mCD20 antibody (IgG1 or IgG2a backbone), or PBS on weeks 0 and 3. Blood was collected after inhibitor establishment (week 0), and on weeks 3, 7 and 11 to determine effect of mCD20 administration. B) Inhibitor titres (BU/ml) as a function of time. Data are average ± SD. Statistically significant differences are indicated for each time point.
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Inhibitor reversal with anti-CD20 and rapamycin (▶ Figure 5 A). Inhibitors (55–200 BU/ml) were established in haemophilia A mice (BALB/c F8e16–/–) by four weekly IV injections of BDD-FVIII (week 0). Mice (n=5–8/group) received two IV injections of mCD20 antibody (IgG2a backbone) or PBS on weeks 0 and 3. This was followed by oral gavage of rapamycin (4 mg/kg, 3X/week for 4 weeks) in the group that received mCD20 antibody. Weekly BDD-FVIII injections were continued in all animals from weeks 3–6. Blood was collected on weeks 7 and 11, respectively. B) Inhibitor titres (BU/ml) as a function of time. C) Anti-FVIII IgG titres (ng/ml) as a function of time. D) Inhibitor titres (BU/ml) from control mice that received IgG1 mCD20 antibody and rapamycin, IgG2a mCD20 antibody only or rapamycin only. E) Anti-FVIII IgG titres (ng/ml) from control mice that received IgG1 mCD20 antibody and rapamycin, IgG2a mCD20 antibody only or rapamycin only. Data are average ± SD. Statistically significant differences are indicated for each time point.

anti-CD20 IgG2a or IgG1, followed by the aforementioned rapamycin/ FVIII regimen immediately after the second injection (▶ Figure 5 A). In mice receiving the combination of anti-CD20 IgG2a and rapamycin, inhibitor titres were reduced from ~76 BU/ml to ~15 BU/ml (5-fold reduction) (▶ Figure 5 B). Although inhibitors rose to ~31 BU/ml one month after treatment in the absence of further intervention, they were still lower than starting inhibitor titres (2.5-fold reduction). Similar trends were observed in anti-FVIII IgG1 levels in these mice (▶ Figure 5 C). IgG2a anti-CD20 alone (i.e. without rapamycin) did not reverse but nonetheless prevented a further rise in antibody formation (▶ Figure 5 D, E). In contrast, the combination of IgG1 anti-CD20 and rapamycin or rapamycin alone were not effective. Here, inhibitor titres and anti-FVIII IgG1 levels (the dominant IgG subclass of anti-FVIII in this strain) (28) increased slightly after treatment and continued to rise one month after the end of the therapy (▶ Figure 5 D, E).

Since the IgG2a combination therapy was effective in reducing existing inhibitor titres, we next investigated the ability of this therapy to reverse moderate-titre inhibitors (▶ Figure 6 A). In HA mice with initial BU of ~10, treatment with anti-CD20 IgG2a and rapamycin reduced inhibitors to low titres (0.6–5 BU/ml), and this reduction remained as B cells repopulated (▶ Figure 6 B). Subsequent rechallenge of these mice with FVIII minimally increased inhibitor titres (~5 BU/ml), in sharp contrast to the >100 BU titre observed in control mice (>20-fold difference, ▶ Figure 6 B). Inhibitors were entirely eradicated in two out of five mice, which withstood rechallenge with FVIII protein. A comparable, albeit less complete, effect was observed in FVIII binding antibodies in these mice (▶ Figure 6 C). Control groups that received only
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mCD20 antibody or rapamycin and FVIII did not have a reduction in inhibitor titres (▶Figure 6D, E).

In enzyme replacement therapy (ERT) for the lysosomal storage disorder Pompe disease, patients are treated with rituximab and rapamycin prophylactically to prevent formation of anti-drug antibodies (29) [ClinicalTrials.gov NCT02240407]. To test effectiveness in haemophilia in a prevention model, naive BALB/c F8e16−/− mice received two injections of anti-CD20 IgG2a antibody (IgG2a backbone) or PBS on weeks 0 and 3. This was followed by oral gavage of rapamycin (4 mg/kg, 3X/week for 4 weeks) to the group that received mCD20 antibody. Weekly BDD-FVIII injections were continued in all animals from weeks 3–6. Blood was collected on weeks 7 and 11, respectively. Mice were subsequently rechallenged with four weekly injections of BDD-FVIII (weeks 11–14). Blood was collected at week 1 following the second round of BDD-FVIII injections (week 15). B) Inhibitor titres (BU/ml) as a function of time. C) Inhibitor titres (BU/ml) from control mice that received mCD20 antibody only or rapamycin only. D) Anti-FVIII Ig titres (ng/ml) as a function of time. E) Anti-FVIII Ig titres (ng/ml) from control mice that received mCD20 antibody only or rapamycin only. Data are average ± SD. Statistically significant differences are indicated for each time point.

While we were able to demonstrate that the combination of anti-CD20 IgG2a and rapamycin effectively reduced inhibitor formation in both a prevention and ITI setting, it was important to ensure that rapamycin treatment did not further delay repopulation of immune cell compartments following anti-CD20 mediated depletion. BALB/c mice received two doses of anti-CD20 IgG2a spaced three weeks apart, followed by the same rapamycin regimen for another four weeks. Mice were allowed to recover for an additional month, and total B and T cell frequencies were calculated in the spleen and LN. Total B, CD4+ and CD8+ T cells in the spleen were largely recovered by the end of the combinatorial treatment (Suppl. Figure 4A-C, available online at www.thrombosis-online.com). Although a slight delay in B cell repopulation in the LN was observed, this was similar to what had earlier been observed with anti-CD20 IgG2a treatment alone (▶Table 1, ▶Figure 2C). Administration of an unrelated protein (keyhole limpet hemocyanin, KLH) to these mice, one month after they had been allowed to recover, showed a robust anti-KLH IgG1 antibody response, albeit on average slightly lower than in control mice (Suppl. Figure 4D, available online at www.thrombosis-online.com).
Inhibitory antibody formation complicates coagulation factor B cell depletion with Rituximab has shown limited effectiveness in reversing inhibitors. Role of the antibody backbone has not been well characterised in rituximab therapy.

What is known about this topic?
- Inhibitory antibody formation complicates coagulation factor therapy in haemophilia A.
- B cell depletion with Rituximab has shown limited effectiveness in reversing inhibitors.
- Role of the antibody backbone has not been well characterised in rituximab therapy.

What does this paper add?
- IgG backbone of anti-mCD20 determines effect on specific subsets of B cells.
- Combination of anti-mCD20 and rapamycin effectively reversed inhibitors in haemophilia A mice.
- We demonstrated translatability of targeting both B and T cells for tolerance induction. This regimen represents a promising treatment for inhibitor reversal in haemophilia A, as both of these compounds have been extensively used in human patients.

Discussion

Inhibitor reversal in human patients

Attempts to use immunomodulatory therapies in inhibitor patients in addition to or instead of the standard ITI regimen have shown mixed results. Immune suppressive drugs should be used with caution, especially in paediatric patients, but may be needed in inhibitor patients that do not respond to traditional ITI or whose inhibitor titres decline with slow kinetics when FVIII treatment is stopped. Although immune suppression can be effective, particularly in patients with lower initial starting titres, inhibitors are likely to relapse if no specific step for tolerance induction to FVIII is included (10, 30, 31). For example, merely depleting B cells without affecting the memory T cell response or facilitating the generation of FVIII-specific Treg is unlikely to have a lasting effect (30, 32). This is supported by clinical results showing a superior effect of rituximab when given in conjunction with FVIII (33).

Rapamycin and immune tolerance

Rapamycin is an immunosuppressive drug that functions particularly due to its effects on T cells. It suppresses the metabolic mammalian target of rapamycin (mTOR) complex 1 pathway, inhibiting cell cycle progression and inducing effector T cell (Teff) anergy or deletion; Tregs are more resistant than Teffs to mTOR inhibition (34). Additionally, through effects on dendritic cell functionality and cytokine production, rapamycin favours the conversion T cells into Treg rather than effector Th1/2/17 cells (35–40). Rapamycin can effectively suppress deleterious immune responses in several models of autoimmune diseases (39, 41, 42). Additionally, it has previously been used by us and recently by others to great effect in inhibitor prevention in both haemophilia A and B, and – in conjunction with IL-10 – it reversed active immune responses against factor IX (FIX) following gene therapy (21–23, 43). However, when used here for reversal of recombinant protein-induced inhibitors in haemophilia A, rapamycin was at best able to halt the increase in inhibitor titres. When initial titres were increased to >50 BU, rapamycin was unable to suppress a rise in anti-FVIII formation, suggesting that the magnitude of the pre-existing anti-FVIII response can affect the tolerogenic capacity of rapamycin.

Targeting both B and T cells for tolerance induction

Our findings with rapamycin alone in inhibitor reversal suggested that its efficacy might be increased if combined with a therapy that could target antibody-producing B cells. Rituximab, an anti-CD20 antibody which depletes B cells, has been explored clinically for precisely this purpose in inhibitor reversal (8, 10, 33, 44). Mimicking ITI in HA mice, anti-CD20 had been shown to be partially tolerogenic, preventing a rise in inhibitors (13). However, this only occurred when the backbone was switched from the typical murine IgG2a to IgG1; mice receiving anti-CD20 IgG2a had similar titres to mice treated with control IgG. The authors noted that alteration of backbone changed the pattern of B cell depletion, with IgG1 causing less depletion of marginal zone B cells in the spleen. Here, we expanded on these findings. In addition to less efficiently killing follicular and transitional B cells, IgG1 particularly demonstrated limited toxicity of marginal zone, B-10, B-1B and memory B cells. Interestingly, B-10 cells, which share markers with marginal zone B cells, produce significant levels of the tolerogenic cytokine IL-10 and have been reported to suppress autoimmune disorders including experimental autoimmune encephalitis (18, 45). The persistence of these B-10 cells may explain the enhanced Treg induction after anti-CD20 IgG1 and FVIII administration in HA mice reported by Zhang et al. (13).

However, we find that despite these potential advantages of the IgG1 backbone, the IgG2a anti-CD20 was distinctly superior when combined with rapamycin for inhibitor reversal. We hypothesise that the greater extent of B cell depletion, including memory B cells, more robustly reverses antibody formation and allows FVIII antigen presentation in the context of rapamycin-mediated mTOR inhibition to induce tolerance. Our data show that inhibitors clinically defined as high-titre (>5 BU) can be reversed with this protocol. However, higher-titre inhibitors (>50 BU) are only partially reversed. For this scenario, the protocol needs to be further optimised, or initiation of the regimen should be postponed until titres have fallen over time.

An aspect that remains somewhat unclear is the effect of this regimen on antibody-secreting plasma cells. Our experiments in naive mice demonstrated some plasma cell depletion in IgG2a-treated mice, though this may be due to a disruption of homeostasis by killing of plasmablast precursors or through another mechanism. Rituximab has been reported to kill short-lived...
plasma cells in hCD20-transgenic mice (46). In models of haemophilia B, plasma cells in mice can be suppressed by factor IX-specific Tregs, so depletion of these cells is not absolutely required for tolerance induction (47). However, this strategy might further benefit from the addition of a reagent such as bortezomib, a proteasome inhibitor toxic to plasma cells. In a murine model of lupus, a combination of bortezomib and anti-CD20 resulted in sustained disease amelioration by killing long-lived plasma cells and the precursors that repopulate them, respectively (48).

Clinical implications

The combination of anti-CD20 and rapamycin is in use in patients with Pompe disease, a monogenic disorder caused by mutation of acid alpha-glucosidase (GAA) treated via ERT that is complicated by deleterious immune responses against the recombinant protein (49, 50). Although used prophylactically rather than for reversal of an ongoing immune response, treatment with rituximab and rapamycin was able to prevent anti-GAA immune responses in all patients (29). A logical application in haemophilia would be in patients that have failed traditional ITI. Interestingly, the average inhibitor titre when rituximab was given in the RICH trial was 12 BU/ml (10), which is in the range where our protocol was most effective in mice. Given that the combination protocol also directed a substantial decline in higher-titre inhibitor titres in HA mice, while anti-CD20 alone failed to reduce titres, it is possible that a protocol further optimised in humans could be effective also in patients with higher-titre inhibitors. It should be noted that humans metabolise rapamycin at a different rate compared to rodents, so that doses are different between the two species. Similarly, a dosing schedule of anti-CD20 optimal for B cell depletion in humans would be used. Another potential application is to accelerate the decline of high-titre inhibitors in patients for whom onset of ITI is being delayed. Ideally, patients should have an inhibitor titre of <10 BU/ml at the onset of traditional ITI. However, some patients show a slow spontaneous decline of inhibitors once FVIII replacement therapy was stopped. Such patients may also benefit from anti-CD20/rapamycin treatment, which may accelerate the decline in inhibitor formation.

The combination of anti-CD20 and rapamycin represents a temporary immunosuppressive regimen. B cells repopulate following treatment with rituximab, and in the meantime some degree of humoral immunity can be retained in patients by administration of IVIG. Rapamycin, too, is only administered for a period of about a month, and immune competence returns within ~1 month of the end of rapamycin treatment (21). In this prior work in mice, we found that co-administration of FVIII and rapamycin over a one-month period could induce long-term tolerance in a preventive model. However, should an anti-CD20/rapamycin/FVIII protocol for inhibitor reversal not reliably prevent relapse of inhibitors, one could consider a more prolonged or perhaps recurring administration of rapamycin. Rituximab, the anti-CD20 currently used in patients, possesses a human IgG1 backbone most similar to the murine IgG2a that was most effective in our studies. This backbone directs both antibody-dependent cellular cytotoxicity (ADCC) and complement-dependent cytotoxicity to CD20-expressing cells. Our data support to retain the current IgG backbone when combined with rapamycin. However, there may be other protocols that could benefit from using a backbone that retains potentially tolerogenic B cells subsets as suggested by Zhang et al. (43).

In summary, B cell depletion by mCD20 antibody in combination with T cell suppression by rapamycin resulted in a significant and durable reduction of inhibitor titres in a murine model of haemophilia A. These promising results recommend further exploration of this combination regimen as an effective therapy for inhibitor reversal in haemophilia A.

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Author contributions

MB, GLR, AS, and DMM performed experiments. MB, GLR, BJB, HJ, and RWH designed experiments and interpreted data. MB, GLR, DMM, HJ, and RWH wrote the manuscript. RWH directed the study.

Conflicts of interest

H. Jiang was an employee at Biogen (the company which in part funded this study) and is now an employee and stock holder of Editas Medicine. None of the other authors declares any conflicts of interest.

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